



CommunityScope

an Open House for Lifelong Learning

Saturday January 7, 2017 • 9AM-12noon
(Doors open at 8:30AM)

Heartland Community College
Workforce Development Center

Register

for one or more select
Continuing Education
courses today while you're
at CommunityScope and

receive a
25% discount!

Discount applies only
to walk-in registrations
during the event. Offer
cannot be combined with
other discounts & does not
apply to some programs.

9:00-9:35

Room	Class	Instructor
CLC (9:00-10:20)	Rendezvous with a Comet Mini Mission	Stacey Shrewsbury
WDC 1403	Autumn Harvest	Maggie McCormick
WDC 1404	Eliminating Self-Defeating Behaviors	Ron Maier
WDC 1400	Crocheted Granny Square Basics	Lauren Bruggenthies-Lott
WDC 1601	The Art and Science of College Teaching	Deb Gentry

9:45-10:20

ACEC 2400 (10:00-11:00)	How to Get Your Records in Order NOW	Sonja Reece
WDC 1403	Changing Seasons	Maggie McCormick
WDC 1404	Free Yourself from Negative Emotion	Ron Maier
WDC 1601	Essential Oils	Shari Weitekamp
WDC 1006	Hatha Yoga	Cindy Houser
WDC 1402	Beginning Genealogy	George Perkins
WDC 1605	Explore Welding	Dennis Ludwig

10:30-11:05

WDC Atrium (10:20-10:30)	Heartland Songbirds	Anuja Despande
WDC 1400	DIY Fabric Flowers	George Perkins
WDC 1402	Beginning Genealogy	Bernie Wrezinski
WDC 1405	Retirement University	Dave Weth
WDC 3002	Birdwatching	Cheryl Bradley
WDC 3603	Antiques: What's in Your Attic?	Carol Burroughs
WDC 3004	Medicare: What Does it Mean for You?	Cathy Hempstead
WDC 1006	Nightclub 2-Step	John Dworkin
WDC 1601	Jazz Guitar	Maggie McCormick
WDC 1403	For Better or Worse	Ron Maier
WDC 1404	Meditation & Mindfulness	Olya Cochran
WDC 3602	Conversational Russian	

enjoy
up to
4
FREE
35 minute
mini-classes

11:15-11:50

WDC Atrium (11:05-11:15)	Heartland Songbirds	Cathy Hempstead
WDC 1006	Nightclub ChaCha	Dave Weth
WDC 3002	Birdwatching	Ron Maier
WDC 1404	Eliminating Self-Defeating Behaviors	Shari Weitekamp
WDC 1601	Essential Oils	Olya Cochran
WDC 3602	Conversational Russian	Eric Hoss
WDC 1405	Removing Doubt in a Job Interview	

Open throughout the morning in WDC Atrium

Atrium	Trains	Dave Gentry
Atrium	3-D Printing	Rob Martin

Mini-Class Descriptions

Class sizes are limited and first-come, first served.

3-D Printing Demo – Watch a 3-D printer in action and Q & A.

Antiques: What's in Your Attic? – Explore the world of antiques with collectibles expert Cheryl Bradley.

The Art and Science of College Teaching – Enhance your understanding of issues and best practices related to teaching in a college environment. In this mini-class, you will learn what goes into a Teaching Portfolio.

Autumn Harvest: Cultivating Meaning for Retirement – Learn how to turn your talents, interests and values into new opportunities for yourself in the autumn of your life.

Beginning Genealogy – Learn how to structure your research and study various sources of genealogical information- census records, courthouse records, cemetery records, family papers, library sources & more.

Birdwatching – Bird watching, or birding, is becoming an increasingly popular hobby in the United States. Hear about some of the birds common to Central Illinois.

Changing Seasons: Navigating through Career Transitions – Be better prepared for new opportunities during career transitions. Learn strategies and tools for career planning and management.

Conversational Russian – Explore the language and culture of this exotic country.

Crocheted Granny Square Basics – Pick up a hook and learn a basic crocheted granny square recipe that can be used for many different projects.

DIY Fabric Flowers – Have beautiful flowers all year long by making your own. Learn how with different types of fabric.

Eliminating Self-Defeating Behaviors – Learn how to identify self-defeating behaviors, discuss how they are created and maintained and then discover your ability to make new choices for life improvement.

Essential Oils – Learn how you can use essential oils to promote better health and wellness.

Explore Welding – Tour our welding lab and learn some of the tools and equipment used in Welding.

For Better or Worse: Managing Career Decisions for Dual Income Couples – Explore potential career issues for dual-income couples and determine strategies for managing decisions that arise out of those issues.

Free Yourself from Negative Emotion – Learn simple, safe techniques and how they can help you drop bad habits, reduce anxiety and free yourself from emotions that get in the way of who you want to be.

Hatha Yoga – This class is designed for those who enjoy practicing at a gentle pace but have had some beginning level experience.

How to Get Your Records in Order NOW – Hear what records to assemble in a Grab and Go format for an emergency or life change.

Jazz Guitar – Enhance your skills as a guitar player through learning the fundamentals of playing jazz music.

Medicare: What Does it Mean for You? – If you will have 65 candles on your next birthday cake then you have a whole new world ahead of you when it comes to healthcare.

Meditation & Mindfulness – Discover what meditation is and how it can benefit and fit into your lifestyle.

Nightclub 2-Step – This dance is great preparation for weddings, reunions, street festivals and other dance events.

Nightclub ChaCha – Nightclub ChaCha is a fun and funky dance. Get your dancing shoes on and learn some fun and challenging Club ChaCha moves.

Removing Doubt in a Job Interview – Don't let an interview be an obstacle. Learn the skills from an experienced interviewer and turn each interview into an opportunity.

Rendezvous with a Comet Mini Mission – A team of scientists and engineers are on a daring mission to take an up-close look at a comet as it streaks its way across the galaxy.

Retirement University – Make sure you know everything you need in order to retire responsibly.

Trains – See the wonder of model railroading with live running trainsets.

Register today
and receive a
25%
discount
(see front for details)

The Fitness & Recreation Center (FRC) will be open for tours at 9, 10 & 11AM. Please use the west or south entrance.



Continuing Education

Heartland Community College
www.heartland.edu/continuingEd
309.268.8160